



Do You See a Non-VA Health Care Provider?

'Connect Your Docs' by sharing certain parts of your Veteran health record between the Department of Veterans Affairs (VA), the Department of Defense (DoD), and selected private health care providers over a secure and confidential network known as the eHealth Exchange. This program is **FREE** and voluntary for Veterans. **Your authorization will be effective for 10 years.**

How might connecting my docs benefit me? Many Veterans receive a portion of their care from non-VA health care providers. Sharing certain parts of your Electronic Health Record (EHR) will help reduce the need for patients and families to carry records between health care providers as well as allow your non-VA health care provider to make more informed decisions about your care. **In an emergency, immediate access to additional health care information could save your life.**

How do I join? Signing up is fast and easy. You may sign up in person, through the mail, by fax, or online.

Online: Simply visit www.va.gov/VLER for a complete list of instructions on how to sign up online.

PLEASE DO NOT EMAIL COMPLETED FORMS BACK TO THE VAMC

By Mail: To print and fill out the VA Authorization VA Form 10-0485 go to www.va.gov/VLER and click on "For Veterans". Mail the Authorization form to Togus VA Medical Center, Release of Information Office at 1 VA Center Augusta, ME 04330

By Fax: Fax the 10-0485 Authorization Form to the Togus VA Medical Center ROI Office Fax# 207-621-4896

In Person: **Scott Turgeon is the VA Maine VLER Coordinator, and is located at the Lewiston CBOC. His phone number is 207-623-8411 ext. 2866. Scott is at Togus on Tuesdays and Wednesdays.** You may call 207-623-8411 ext. 5232, or visit the Release of Information Office (ROI) at the Togus VA Medical Center located with the Travel Pay office in Building 200. Simply fill out the VA Authorization form (VA Form 10-0485) and turn it in to the Expeditor Office in Booth 1 located within the ROI Office. You may visit all VA Maine CBOCs in person to opt into the Veteran Health Information Exchange.

What if I decide not to join? Participation is entirely voluntary. Deciding not to participate will not affect your VA Health benefits or your relationship with your doctor and/or the Togus VA Medical Center.

To learn more about Connect Your Docs and sharing your health care records please visit the internet site at www.va.gov/VLER.